



Aquaware Intent Index

INTENTS I

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Bathing & Showering

- Abdominal Gas – gas and bloating
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- Allergies – symptoms and causations
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- Blood Pressure – blood volume pressures
- Boils – hair follicle infection (Staphylococcus bugs)
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- Cancer [any kind] – restore health where it's needed – while suppressing any pain
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- Indigestion – enzymes and acids
- Infection – bacterial symptoms and causations
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- Inner Beauty & Happiness and Emotional Freedom – feel confident, happy and free
- Insomnia – sleep hormones require attention
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- Low Sex Drive (male) – symptoms and causations, hormonal synergy
- Mental Disorders – returns mental stability & restores health where it's needed - also see Perfect Brain Health
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- Parasites – unaccommodating hosts tend to evict unwanted guests
- Perfect Facial Skin – acne, scars, wrinkles, moles, black heads, other impurities & signs of aging – Gone
- Perfect Health & Youthening – also see Super Potent Ones
- Periodontal Disease – blood flow to gums, symptoms and causations
- pH Balancing – the goal is 7.365, go there
- Pregnancy – adjust and balance hormonal responses, enjoy the natural state
- Premature gray hair – awaken pigmentation cell life, alter genetic response
- Psoriasis – symptoms and causations
- Sexual Power – get in the right mood - for both sexes
- Spiritual Power – push entire being to highest vibration possible – this will make a big difference in your personal perception
- Stomach ache – wide array of symptoms and causations, but balance is not difficult
- Stress – reduce/reverse stress components and reactions
- Success in Any Endeavor – also see Super Potent Ones
- Sunburn – ameliorate pH, hydration, pain and skin damage
- Swelling – (edema) - physiologic, chemical & circulatory balancing
- Swimming Pool & Ocean Water Enhancement – neutralize the harmful effects of chemicals & bring out the awe and joy of being in the water
- Trauma – manage emotional and physical causations
- Warts – it's a viral hosting issue that calls for management
- Yeast (too much) – acid/alkali balance
- Youth, Energy and Vitality – feel on top of the world

Human Potential

- Abandonment – banish the fear, get rid of phantom attachments
- Accelerated Beard (Re)growth – (re)grow your beard faster
- Acts of Kindness – sharing and helping out – helps bring in gratitude & clearance of negativity
- Addiction (General) – ego, be gone, free the soul for true joy alone
- Anger/Irritability – stimulus-response mechanism, observation without participation
- Anxiety/Overwhelm – in the larger scheme of things, it's OK to feel great about your roles
- Awe – nurture and awaken to the beauty of it all
- Bad Dream Switcher & Dream Catcher – change the channel to something more fun
- Bedwetting – symptoms and causations
- Black Heads Removal – on face neck & other body parts – good riddance
- Bliss – bath and/or ingestion - it's there for all, a wonderful state of being
- Body Sculpting/Toning – physical appearance changes (patience required)
- Breast Enlargement – enhance what is deficient or readdress your ego needs
- Breast-Milk Optimization – normalize physiological dysfunctions, it's all natural
- Broken Heart – this is a mend that starts at your center, the heart, as the overseer

- Cellulite Removal – for those that want it gone
- Chakra/Crown - bath and/or ingestion - open energize balance tune
- Chakra/Heart – bath and/or ingestion - open energize balance tune
- Chakra/Navel – bath and/or ingestion - open energize balance tune
- Chakra/Root – bath and/or ingestion - open energize balance tune
- Chakra/Solar Plex – bath and/or ingestion - open energize balance tune
- Chakra/Third Eye - bath and/or ingestion - open energize balance tune
- Chakra/Throat – bath and/or ingestion - open energize balance tune
- Charisma/Magnetism – bath and/or ingestion - become the extraordinary person that you actually are
- Communication Skills – open this sometimes latent ability - let it flow
- Conceit – you’re probably the only one that likes you this way, get over yourself
- Contraception Aid – don't get pregnant & avoid STDs
- Cool Down Body – feel cooler during hot weather
- Courage – pure, solid, where you live, and you don't need witnesses
- Creativity – awaken the creative powerhouse within
- Dream Enhancement – vivid, even lucid, nocturnal adventures
- Ego Balance – balance and control - ego is not in charge here
- Emotional Dependence – yourself is fine and needs no other, build strength and faith in you
- Emotional Pain – observe more, participate less, get over it
- Eyesight – ingestion and/or direct application – refresh, rejuvenate and sharpen vision
- Facial Wrinkles – ingestion and/or direct application - cells reborn, water balanced, skin renewed
- Fat Loss – burn, baby, burn; fire the body's furnace, burn the excess, cleanse the debris
- Fear/Phobia – face the demons, the only thing to fear is fear itself, step into your power
- Fertility – for both men and women
- Forgiveness – an elementary step...use it to release the bindings
- Fountain of Youth – bath and/or ingestion and/or direct application - state of mind, the youthful you is still in there
- Freckle Removal – for those that want them gone
- G-Spot Enhancement – bath and/or ingestion and/or direct application - please convey any of your observations
- General Wellbeing – all is well in heaven and Earth
- Great Night Sleep – shut it all down, turn off the lights and drift into the dreamstream
- Grounding – refocus to keep the feet on the ground, the spirit will still soar far and wide
- Guilt – bath and/or ingestion - so pointless we can't even go into it...just use it and be liberated
- Hair Health – bath and/or ingestion - just all around well-being for the hair
- **Hair Removal back of hands women – gets rid of it**
- **Hair Removal forearms women - gets rid of it**
- **Hair Removal Legs - gets rid of it**
- **Hair Removal On and around sex organs - gets rid of it**
- **Hair Removal Underarm - gets rid of it**
- Hair Restoration – ingestion and/or direct application - sprout some new sprigs up there
- Happiness – bath and/or ingestion - should move you through the trees so that you can see the forest
- Hearing – ingestion and/or direct application – tune, tone, listen, the beauty resounds if heard clearly
- Heat Up Body – also aids circulation to hands and feet
- Hope – the virtual power of life - does spring eternal
- Hormones – balance, control, rejuvenate those incredible compounds of being
- Human Experience – potluck, but inevitably addresses the beauty of being human
- Impulsiveness (high) – look before leaping, think (if necessary) but don't confuse with spontaneity
- Impulsiveness (low) – too cautious (?) when sometimes impulses are interesting to explore
- Increase Pain Tolerance – nothing can hurt you anymore – feel invincible
- Increase Testosterone Production – effects muscle mass sex drive & Alpha Male behaviour
- Inner Beauty – it's there...now just look at it, REALLY look at it
- Intuition Enhancement – tune into the subtle vibes crossing the airways
- Jealousy – ego events are often toxic, you have what you need, be yourself
- Letting Go – bath and/or ingestion – betrayal, rejection, guilt, abandonment, resentment, vengeance etc.

- Loneliness – alone is good, learn to like yourself and explore creativity, revel in who you are
- Love – the truly divine and eternal principle, let it permeate your being, let it flow
- Meditation – increase the depth, meaning and effectiveness of your practice
- Mental Clarity – let the light shine in, clear confusion, focus, use intent purposefully
- Mental Energy – brain drain stops, revitalize cells, explore life, unleash creativity
- Muscle Gain – lean muscle mass gain
- Narcissism – only you and the mirror give a damn but there's hope since you're looking here
- Natural Hair Color – it's quite all right if you prefer not to be gray, reawaken pigments
- Obsessive-Compulsive – wastes too much energy, forget it, let it go, time better spent creating enjoying
- Oral Health – a rinse will be refreshing, revitalizing and sugar free
- Passion – find out your passion in life & feel on fire
- Patience – a Biblical virtue, balance with expectation for nonstressful peace
- Penis Enlargement – modify, enhance, but consider the overrated elements
- Perfect Facial Skin – acne, scars, wrinkles, moles, black heads, other impurities & signs of aging – Gone
- **Perfect Skin - similar to the intent above, but focussed on all of the skin**
- Personal Power - always there, tune in, feel it, use it, don't abuse it
- pH Balancing – a vital element of human function, balance, protect, defend from toxins
- Pheromones – bath and/or ingestion - crank up the output of your animal scents and sense
- Physical Energy – maximize the use of the marvel of body and mind, a nice way to feel
- Pregnancy – an extraordinary state, unique in life stages, appreciate it, enjoy it, nurture the spirits
- Pride (Self) – ego is an excuse, retarding growth, stamp it out and let the spirit rule
- Procrastination – don't put it off any longer, just USE it
- Psi Abilities – awaken and attune the higher and subtler senses
- Public Speaking – infuse the throat chakra, step into the power, confidence and ease will follow
- Quiet Mind – bath and/or ingestion - the chatter seems to lose its voice or for that matter anything to say
- Rejection – don't let the ego respond, move on, who cares anyway
- Relaxation – bath and/or ingestion - a state of blissful repose, recharges the power
- Retention – for learning, information, the stuff that counts, along with improved access
- Scars – cells, do your thing, fix the pattern, restore the order (see Trauma for other types)
- Self-Confidence – you are extraordinary, you can do anything, remember that, feel it within
- Self-Reverence – love yourself, though hard to do and if you work on it, reverence follows
- Self-Sufficiency – survival - not requiring any aid support or interaction
- Selflessness – this is the master key to growth and it can be acquired
- Sense of Smell & Taste Improvement – nose & taste buds will function better
- Sex Drive (female) – just crank it up and be uninhibited in exploring it
- Sex Drive (male) – just crank it up and be uninhibited in exploring it
- Shame – bath and/or ingestion - a part of guilt a disease of humanity a negative to be rid of
- Skin Radiance – bath and/or ingestion and/or direct application – glow, radiate, smile, love yourself
- Stop Beard Growth – slow it down, eventually stop it completely
- Stress Relief – bath and/or ingestion - stress destroys, build a shield against it, empower yourself to the big and little stuff of life
- Stretch Marks Removal – for those that want them gone
- Teeth Health – deep cleansing & cavities and gum restoration
- Teeth Whitening – sparkle and glow, results will show
- Thumb-Sucking – attachment disorder, move from fear-based responses
- Unisex Makeup & Facial Energizing – increase blood flow & revitalizing of facial features for an energetic look
- Vanity – if you want to impress others you'll have to lose this hook to prove it to yourself
- Weight Gain – need more, then wear it like a new outfit
- Wonder – return to and remember the awe of it all as a child would see (also Awe)

INTENTS II

- **Conditions**
- **Physical & Mental Performance**

Conditions

- Abdominal Bloating – bath and/or ingestion - pain and bloating from water retention or other nongaseous causes
- Abdominal Gas – bath and/or ingestion – gas, pain and bloating from digestive disorder causes
- Achy Joints – lubricate and rejuvenate, defuse the nerve fibers, symptoms and causations
- Acne – bath and/or ingestion and/or direct application - cellular regeneration, pore cleansing-opening, problem skin, pimples/acne
- **Allergies: Dust mites - restore health where it's needed – while suppressing any pain**
- **Allergies: Eggs - restore health where it's needed – while suppressing any pain**
- **Allergies: Insect bites - restore health where it's needed – while suppressing any pain**
- **Allergies: Milk - restore health where it's needed – while suppressing any pain**
- **Allergies: Nuts - restore health where it's needed – while suppressing any pain**
- **Allergies: Pet Hair - restore health where it's needed – while suppressing any pain**
- **Allergies: Pollen - restore health where it's needed – while suppressing any pain**
- **Allergies: Shellfish - restore health where it's needed – while suppressing any pain**
- **Allergies: Soy - restore health where it's needed – while suppressing any pain**
- **Allergies: Wheat - restore health where it's needed – while suppressing any pain**
- Allergies – symptoms and causations
- Appendicitis – restore health where it's needed – while suppressing any pain
- Arthritis – bath and/or ingestion and/or direct application - symptoms and causations
- Attention Deficit – pay attention for longer periods of time
- Autism – brain function symptoms and causations
- Blood Pressure – blood volume pressures
- Boils – bath and/or ingestion and/or direct application - hair follicle infection (Staphylococcus bugs)
- Bone Marrow Disease – for instance: Leukemia – restore health where it's needed – while suppressing any pain
- Breast Cancer – restore health where it's needed – while suppressing any pain
- **Breast Reduction – one size smaller please**
- Bronchial – bronchospasm, cough bronchial, symptoms
- Bug Bites and Stings – heal the damage
- **Calcification and any negative consequences - restore health where it's needed – while suppressing any pain**
- Callus – remove from your hands and feet
- Cancers Not Listed – for other cancers – restore health where it's needed – while suppressing any pain
- Cancers of Blood and Lymphatic Systems – restore health where it's needed – while suppressing any pain
- Canker sore – restore health where it's needed – while suppressing any pain - also see “Oral Health”
- Carpal Tunnel Syndrome – restore health where it's needed – while suppressing any pain
- Carpal Tunnel – ingestion and/or direct application - symptoms and causations
- Cholesterol – blood particles and patterns
- Chronic Fatigue – bath and/or ingestion - create energy, relieve stress
- Chronic Pain – bath and/or ingestion and/or direct application - symptoms and causations
- Circulation – bath and/or ingestion - vascular blood flow
- Cold – bath and/or ingestion - symptoms and causations
- Colon Cancer – restore health where it's needed – while suppressing any pain

- Constipation – bowel processing redesign for optimal function
- Cysts – accretion dissolution
- **Dark circles, bags under eyes - return to a fresher healthier appearance**
- Degenerative Back Conditions – restore health where it's needed – while suppressing any pain
- Delusional – get in touch with reality or are you choosing it for someone else?
- Dementia – for Alzheimer Disease and other forms of dementia – bring things back like they once were
- Depression – bath and/or ingestion - global system balancing
- Detox Reaction – detox creates waste and sometimes symptoms, remove the waste
- Detox – bath and/or ingestion - general detoxification, heavy metals, environmental habit-produced
- Diarrhea – bath and/or ingestion - bowel function normalization, symptoms and causations
- Drug Dependence – soft hard and other drugs – retake your power
- Dry Cracked Lips – you won't need lip balm anymore
- Dry Mouth – produce more saliva and fix this
- **Ebola - restore health where it's needed – while suppressing any pain**
- Eczema – bath and/or ingestion and/or direct application - skin deficiency allergy disorders
- **Eyebrows – restore, regrow eyebrows naturally**
- Eyesight – clearing improvement of vision & related eye disorders
- **Facial Paralysis (Bell's Palsy) - restore health where it's needed – while suppressing any pain**
- Family Communication – improve skills, outlook, and channels, teach and learn
- Fatigue – bath and/or ingestion - reverse tiredness, energize
- Fever – symptoms and causations
- Fibromyalgia – bath and/or ingestion - symptoms and causations
- Fingernail Health – soaking and/or ingestion – strengthen, soften, shape
- Flu – bath and/or ingestion - symptoms and causations
- Food Poisoning – like Salmonella infection
- Frostbite – restore health where it's needed – while suppressing any pain
- **Gallstones - gets rid of any abnormalities or hindrances**
- Gout – bath and/or ingestion and/or direct application - symptoms and causations metabolic balance
- Hair Loss – ingestion and/or direct application - address cause and new follicle response
- Hand Tremor – bath and/or ingestion – symptoms and causations, nerve damaged or inherited
- Hangover – bath and/or ingestion - address “morning after” symptoms and causes
- Head Tremor – bath and/or ingestion – symptoms and causations, nerve damaged or inherited
- Headache – symptoms and causations
- Hearing – symptoms and causations, dynamics of the hearing process
- Heart Health – arrhythmia and any others – restore health where it's needed – while suppressing any pain
- Heartburn – quiet down the acid magma
- Hemorrhoids – bath and/or ingestion – symptoms and causations
- Hernia Removal – find relief quickly
- Herpes – symptoms and causations
- Hiccough – if you just can't seem to stop, this will help
- HIV/AIDS – acquired immune deficiency syndrome – restore health where it's needed – while suppressing any pain
- Hives – bath and/or ingestion and/or direct application - temper allergic response and skin reaction
- Hyperactivity – pay attention and calm down, but in balance
- Hypochondria – relax, your health is improving
- Incontinence (fecal) – muscle and sphincter control
- Incontinence (urinary) – muscle, sphincter and urodynamic
- Indigestion – balances enzymes and acids for better digestion
- Infection (bacterial) – topical and/or internal - bacterial symptoms and causations
- Infection (viral) – topical and/or internal - viral symptoms and causations
- **Inflammation - removes any inflammation from any area of the body**
- Insomnia – sleep hormones require attention
- **Irritable Bowel Syndrome (I.B.S) - restore health where it's needed – while suppressing any pain**
- **Itching - stop the horror!**

- **Jet Lag & Flying Comfort – before, during and after air travel**
- **Kidney stones - gets rid of any abnormalities or hindrances**
- **Knees Recovery - restore health while suppressing any pain**
- Low Sex Drive (female) – hormonal and mental balance
- Low Sex Drive (male) – hormonal and mental balance
- **Lower Back Pain - restore health where it's needed – while suppressing any pain**
- **Lung Cancer - restore health where it's needed – while suppressing any pain**
- **Lyme disease - restore health where it's needed – while suppressing any pain**
- Menopause – support and balancing that tricky hormonal shift
- Mood Swings – nervous system balancing, polarity equalizing
- **Motion Sickness - for travel**
- **Multiple Sclerosis - restore health where it's needed – while suppressing any pain**
- **Muscular Pain - restore health where it's needed – while suppressing any pain**
- **Neckline - refines perfects and youthens it**
- **Neuralgia - restore health where it's needed – while suppressing any pain**
- Obesity – bath and/or ingestion - heat up the body furnace and burn it off
- **Osteoarthritis – restore health where it's needed – while suppressing any pain**
- **Otitis – ear infections and inflammation - reduce symptoms and pain while restoring health where it's needed**
- Pain – bath and/or ingestion and/or direct application - symptoms and causations
- **Panic Attacks - calms you down & works at healing the underlying cause**
- **Paralysis - Anywhere – wake up!**
- Parasites – unaccommodating hosts tend to evict unwanted guests
- **Perfectionism & Fear of Failure - up productivity, you can do it**
- Periodontal Disease – blood flow to gums symptoms and causations
- pH Balancing – bath and/or ingestion - proceed to 7.365 in the blood
- PMS and Menstrual – bath and/or ingestion - balance and calm the hormone response
- Pregnancy – bath and/or ingestion - adjust and balance hormonal responses, enjoy the natural state
- Premature Gray Hair - ingestion and/or direct application - it's quite all right if you prefer not to be gray, reawaken pigments
- **Prostate Cancer - restore health where it's needed – while suppressing any pain**
- Psoriasis – bath and/or ingestion and/or direct application - symptoms and causations
- **PTSD - gets rid of all symptoms associated with posttraumatic stress disorder**
- **Razor Burn - shaving – protect heal and thicken the skin**
- Red Eyes - restores normal appearance and undoes possible damage
- **Rosacea - restore health where it's needed – while suppressing any pain**
- **Runny Nose & Nasal Congestion - breath freely and sleep well**
- **Salivary gland stones - gets rid of any abnormalities or hindrances**
- **Schizophrenia – returns mental stability & restores health where it's needed**
- **Scoliosis - try to rectify the error – also see “Spinal Health”**
- Sinus Congestion – symptoms and causations
- **Skin Cancer – restore health where it's needed – while suppressing any pain**
- **Sleep Apnea & Snoring - used for both - reduce symptoms - restore health where it's needed**
- **Sore Throat - restore health where it's needed – while suppressing any pain**
- **Spinal Health - straighten out the spine & other spine related problems**
- Stomach Ache – wide array of symptoms and causations, but balance is not difficult
- Stress – bath and/or ingestion – relax, let it go
- **Stroke – for any type of stroke – repair damage**
- **Stubbornness & Selfishness - get over it step into the light**
- **Stuttering - regain speech fluency**
- Sunburn – bath and/or direct application - ameliorate pH, hydration, pain and skin damage
- Swelling – bath and/or ingestion and/or direct application – physiologic, chemical & circulatory balancing
- Tennis Elbow – restore health where it's needed – while suppressing any pain

- Toenail Health - soaking and/or ingestion - strengthen soften shape
- Trauma – manage emotional and physical causations
- **Trench Foot – restore health where it's needed – while suppressing any pain**
- **Tuberculosis - restore health where it's needed – while suppressing any pain**
- Tumors all sorts - restore health where it's needed – while suppressing any pain
- **Ulcers - for all sorts of ulcers**
- **Unwanted Facial Hair women - finally get rid of it for good**
- Varicose Veins – bath and/or ingestion and/or direct application - shrink and/or refine
- **Vomiting - address the underlying cause while rehydrating**
- Warts – bath and/or ingestion and/or direct application - it's a viral hosting issue that calls for management
- Yeast (too much) – acid/alkali balance

Physical & Mental Performance

- Athlete's Foot – bath and/or ingestion and/or direct application - symptoms and causations
- ATP Production – adenosine triphosphate, muscle and tissue fuel
- Automatic Muscle Growth – for bodybuilding – sometimes you can skip the gym!
- Bone Recovery – bath and/or ingestion - help the bone bounce back
- Brain Hemispheric Balancing – analytical and feeling cooperate, optimizing performance
- Burst Strength – lift the bus off the child
- Cartilage Recovery – bath and/or ingestion - after the triathlon, assist the cartilage in recovery
- Creatine Production – ATP and creatine are related, but creatine creates muscle mass
- Endurance Strength – strength and stamina for even distribution over time
- Fascial Recovery – bath and/or ingestion - assist connective tissue in recovery
- General Physical Energy – overall physical energy for any purpose
- Good Posture – better for your health & looks better as well
- Grow Taller – just make sure you don't bounce your head while entering
- Hyper Energy – effects quite like some energy drinks
- Immune System Boost – increase your disease fighting ability and general health
- In the Zone – Zen in athletic and physical performance, effortlessness
- Increase Type of Brainwave:
 - Alpha – occurs when relaxed and calm
 - Beta – occurs when actively thinking, problem solving – that kind of stuff
 - Theta – associated with sleep, deep relaxation and visualization
 - Delta – occurs during deep sleep (dreamless)
 - Epsilon – very, very deep state of mind
- Iron Feet, Joints and Lungs – for outdoor expeditions or really long runs and physical training
- Iron Stomach – increased resilience for tough meats, raw plants and raw minerals
- Mental & Physical Development [small children] – including speech, poise and learning to walk, ride a bike and so on
- Mental Energy – sports is as much mental as physical...reach your peak
- Muscle Cramps – bath and/or ingestion - crystals, relaxation, symptoms and causations
- Muscle Flexibility – stretch that body as much as you can!
- Muscle Gain – lean muscle mass gain
- Muscle Recovery – bath and/or ingestion - quick recovery for back-to-back games
- Neurotransmitter Optimization – Amino Acids (general)
- Neurotransmitter Optimization – Monoamines (general)
- Neurotransmitter Optimization – Peptides (general)
- **Optimal Internal Workings - balances everything within your body in order to get to the perfect blood test results, including vitamins**
- Orgasm Enhancement – Female – tune the array of sensation to higher levels

- Orgasm Enhancement – Male – tune the array of sensation to higher levels
- Reading Improvement – comprehension and retention, then speed
- Relaxation – perform without nervousness
- Respiration Optimization – makes several adjustments in the respiratory system for bettering health and flow of energy
- Sexual Stamina – good sex, better sex, great sex!
- Study Support – focus, cram, stay awake, retain, perform
- Superhydration – where less water becomes more
- Superoxygenation – increasing demand doesn't increase the need for more air
- Tendon Recovery – bath and/or ingestion - quick recovery for back-to-back games

INTENTS III

- **General Purpose**
- **Mood Altering**

General Purpose

- Balance in All Things – balance food and other cravings
- Bathing – for a relaxing and healthful bath with no particular intent in mind
- Cooking – for all cooking water
- Drinking – for all drinking water, including for coffee and tea
- Food Charging – pushing vibration and expiration date & enhancing the nutritional content
- Great Mood – lift your spirits
- Headache – symptoms and causations
- Morning Jolt – better than coffee but without the jitters or letdown
- Oxygenation – for maximal physiologic use of oxygen & hydrogen
- Pets – fleas and ticks
- Pets – general well-being
- Plants – plants thrive
- Relaxation – unwind, slow down, let go of the day's cares
- Seeds, Fruits, Vegetables, Flowers & other Plant Life – see them thrive
- Shower – a special treat for yourself, skin and hair
- Wound Care – bath and/or ingestion – cleaning, rapid healing, without infection

Mood Altering

- Cosiness & Conviviality – alone or with friends and on special occasions
- Ecstasy – be ready for anything
- Euphoria – usually what we're all after
- Extreme Horniness – do I really need to describe this for you? ;)
- **Joy - you do remember that feeling?**
- Laughter – whether laughing out loud or not, the laugh is still in there
- Peace & Calmness – Fearless – become more of an observer
- **Playfulness - everything is being experienced more lightly and childlike**
- Relaxant – natural relaxation, no "downers" required
- Sensual Heightening – senses excited and open
- Social Lubricant – be more sociable, such as can happen with alcohol
- Stimulant – a real, not artificial, means to just feel "up"

INTENTS IV

- **Toxic Habits and Environmental**
- **Super Potent**

Toxic Habits and Environmental

- Air Quality – inhibit damaging effects
- Air Quality – repair damaging effects
- Alcohol – (hangover relief) do the crime, but don't do the time
- Alcohol – inhibit damaging effects before or during use
- Alcohol – repair damaging effects
- **Anti venom for emergencies - snake, spider, amphibian, bee, plant..**
- Appetite – address loss of appetite
- Appetite – curb or balance an overactive appetite
- Appetite – improve your desire for quality foods
- Bug Repellant – ingestion and/or direct applicaton
- Cigarette Smoking – inhibit damaging effects at all times
- Cigarette Smoking – quit completely or reduce frequency of use
- Cigarette Smoking – repair damaging effects
- Damage from Thistles and Assorted Plants – stop the itching and heal the damage
- Electromagnetic Frequencies – inhibit damaging effects
- Electromagnetic Frequencies – repair damaging effects
- Gambling Addiction – quit while you still can!
- Indecision & Doubt – trust and let go of any outcome
- Mammal Repellant – sprinkle the yard with it from a watering spout
- **Nailbiting - you will just not do it anymore**
- Pain Medications – inhibit damaging effects before or during use
- Pain Medications – repair damaging effects
- Psychiatric Medications (reduce and repair damaging effects) – reduce and repair damaging effects
- **Roach Repellant - ingestion and/or direct applicaton**
- Shoplifting – fun ride for an instant, but a major setback
- Shyness & Paranoia – don't hide your true self!
- Stop Masturbation – save your energy for the real thing!
- Tap Water – inhibit damaging effects from drinking, showering, bathing, cooking
- Tap Water – repair damaging effects from drinking, showering, bathing, cooking
- Worrying and Control Freak Behaviour – instantly clear your head and move on

Super Potent

- Abundance – in all areas of your life, you'll feel and be abundant
- Adventurer and Athletic Performance – increase energy, strength, speed, endurance, healing & decrease fear + protection against physical danger
- Deep Clearing – clears out the deepest of blockages
- Financial Means – money, job and career opportunities
- **Flow, Synchronicity and Locked into the Now - quite like an "advanced" type of mindfulness**
- **Forcefields:**

- **Ascended Space** - resets and upgrades energies in the room and/or entire house, everything and everyone's vibration in it will be raised continually after this (also keeps intruders away)
 - **Electronic Device Enhancements** - undo the damaging effects, use it's electric energy for healing and increasing durability of the devices themselves
 - **Garden Enhancements** - not just good for the plant life, but you will feel like you're in a bubble of heaven while in your garden
 - **Heaven** - try it on a room or a space you have in mind, maybe even your entire house
 - **Meditation Space** - body more relaxed, mind more focussed, intense.. astral projection: easier, benefits go on and on
 - **Sleeping Space** - advanced healing, regeneration, increased physical and mental energy, decreased need for sleep
 - **Transportation (vehicles)** - increase ease in ability to drive, safety of the users, joy while driving and anti-theft
- Friendly Relationships – they usually make life more interesting [+ specific charisma enhancements]
 - **Healing of the Complete Human Being - Clearing, Upgrading, Balancing.. embody your Higher Self!**
 - **Immortality - live the abundant life, happily, healthy, safely and for a VERY long time**
 - Inner Beauty and Happiness and Emotional Freedom – feel confident, happy and free
 - Intelligence + Memory enhancement – you'll get smarter in almost every area you desire, while developing photographic memory
 - Less Need for Sleep – wake up earlier and feel more refreshed
 - Perfect Health – works on the physical body: removes bacteria and viruses from the body, organs & all senses restored to maximum performance
 - Romantic Relationships – find that special someone (or somebodies) [+ specific charisma enhancements]
 - Sexual Relationships – sexual opportunities to your liking [+ specific charisma enhancements]
 - Spiritual Power – push entire being to highest vibration possible – this will make a big difference in your personal perception
 - Success in Any Endeavor – Ambition + Excitement & Motivation + Personal Power + Breaking Boundaries + Clarity + Hard Work + Flexibility + Determination + Persistence+ Insight + Creativity + Ambition + Willpower + Do Not Waste Any Time + Efficiency + Accuracy + Trust & Positive Attitude
 - Youthening – Mental [Feel Younger] + Physical [de-aging + Faster Healing + increase Human Growth Hormone]

INTENTS V

- **Spiritual Purposes**
- **Cleanse and Rejuvenate**

Spiritual Purposes

- Astral Projection – explore the Universe in this unique state of mind
- Clairaudience – safely awaken the subtler senses - hearing
- Claircognizance – safely awaken the subtler senses - knowing
- Claïressence – safely awaken the subtler senses - smelling
- Clairgustience – safely awaken the subtler senses - tasting
- Clairsentience – safely awaken the subtler senses - feeling
- Clairvoyance – safely awaken the subtler senses - seeing
- **Emotional Body Clearing - clears out all the unwanted stuff, bring in higher emotions**
- **Energy Body Clearing - clears out all the gunk, brings all chakra's to maximum potential at any given time**
- **Energy Master - gather unlimited energy and be able to use it masterfully for anything you want**
- **Evolve DNA - to it's maximum potential**
- **Heart Activation - releases all the negative emotions and other crap, then brings out the highest possible joy here**

- High Definition Lucid Dreaming – ability to direct extremely vivid dreams
- **Higher Level Help - calls towards etheric beings for any help you might need and increases your psychic communication channels**
- Higher Self Activation – rapturous love, higher mind awakening, ultimate guidance system, gratitude, compassion, forgiveness
- Insight Nature Reality – discover your life purpose & see how things connect and why
- Kundalini Activation – for a safe and gradual Awakening
- Negative Entity Removal – deposesession
- No Self Realization – more than just Oneness – go deep down the rabbit hole!
- **Personal Merkaba activation - takes you where you want to be, into the life you are wanting**
- Psychic Protection – this makes you temporarily invisible for negative entities, people & their attacks
- Remote Viewing – a finer form of astral projection
- Spiritual Crisis and Psychosis Management – returns mental stability & builds a temporary wall in your mind, so you can take a break from intense pain and fear
- **Unconditional Love/Bliss 24/7 - boosts and builds the feeling of love energy**
- Water Spray – Clear & Raise the Energy in a room – lift the general energy mood and ambience to higher realms

Cleanse and Rejuvenate

- Adrenals
- Appendix
- Arteries
- Bladder
- Blood
- Bone
- Bowel
- Brain
- Breasts
- Cartilage
- Cervix
- Colon
- Esophagus
- Eyes
- Fallopian Tubes
- Gallbladder
- General
- Heart
- Hips
- Hypothalamus
- Intestines
- Joints
- Kidneys
- Larynx
- Liver
- Lungs
- Lymphatic System
- Ovaries
- Neck & Shoulders
- Nervous System (central)
- Nervous System (sympathetic)

- Nervous System (parasympathetic)
- Pancreas
- Parathyroids
- Pineal
- Pituitary
- Prostate
- Reproductive Organs
- Sinuses
- Skeletal System
- Skin
- Soft Tissue
- Spleen
- Stomach
- Subtle Bodies
- Testicles
- Throat
- Thymus
- Thyroid
- Tonsils
- Urethra
- Uterus
- Veins

INTENTS VI

- **Miscellaneous**
- **Abilities**

Miscellaneous

- **Alcohol enchantment**
- Alternate Realities – certain external things will change – small and/or big – changes are safe
- **Cigar/Tabaco enchantment**
- Cleaning Water (and Soap) Enhancement – everything squeaky clean now!
- Deodorant – sweat less & stay fresh longer
- Emulate Effects Ayahuasca – be careful with the percentage
- Emulate Effects Marihuana – be careful with the percentage
- Emulate Effects MDMA (Ecstasy) – be careful with the percentage
- **Emulate Effects Medical Marihuana Oil - try it**
- Emulate Effects White Powdered Gold - be careful with the percentage
- **Essential Oils: Frankincense - takes the essence and puts it into your water**
- **Essential Oils: Lavender - takes the essence and puts it into your water**
- **Essential Oils: Lemon - takes the essence and puts it into your water**
- **Essential Oils: Oregano - takes the essence and puts it into your water**
- **Essential Oils: Peppermint - takes the essence and puts it into your water**
- **Essential Oils: Rose - takes the essence and puts it into your water**
- **Essential Oils: Tea Tree Oil - takes the essence and puts it into your water**
- Fabric Softener – for the washing machine
- Fasting Support – see it through to the end
- **Flower Remedies [Twelve Healers]**
 - **Agrimony**

- **Centaury**
- **Cerato**
- **Chicory**
- **Clematis**
- **Gentian**
- **Impatiens**
- **Mimulus**
- **Rock Rose**
- **Scleranthus**
- **Vervain**
- **Water Violet**
- **Flower Remedies [Seven Helpers]**
 - **Gorse**
 - **Heather**
 - **Oak**
 - **Olive**
 - **Rock Water**
 - **Vine**
 - **Wild Oat**
- Hypnotic Trance – for hypnosis
- **Increase Incoming Cash Flow - more money, now!**
- Increase Positivity & Positive Suggestibility – for personal development and psychic field integration purposes
- Long & Thick Eyelashes – no more expensive salon visits
- Maturity & Best Behaviour [children and adolescents] – we all have to grow up some day
- **One with Nature - increase connection with trees, rivers, plantlife, nature spirits etc.**
- Orthodontics – straighten crooked and bucked teeth.
- Pain Control – Sedative – almost numbing this one
- Perfect Brain & Mental Health – for people with mental disorders – use this if you're tapering off and stopping your medications
- Physical and Mental Rehabilitation – be it from sports injuries or grave physical accidents - get body and mind to peak performance again
- Regrow a Full Head of Hair – go look in the mirror, it's all back there on top!
- Require Less Food & Water – become a breatharian and save some money
- Separation Anxiety [small children] – you can leave them in their own company now
- Shampoo & Body Soap Enhancer – neutralize harmful effects of ingredients & increase skin and hair health
- Sleeping through the night – for babies and children
- Sunsoak & Sunscreen – enhance the bodies ability to absorb sunrays in a healthful manner
- **Vitamin A (Retinol)**
- **Vitamin B Complex**
- **Vitamin B1 (Thiamine)**
- **Vitamin B12 (Cobalamin)**
- **Vitamin B2 (Riboflavin)**
- **Vitamin B3 (Niacin)**
- **Vitamin B5 (Pantothenic Acid)**
- **Vitamin B6 (Pyridoxine)**
- **Vitamin B7 (Biotin)**
- **Vitamin B9 (Folate)**
- **Vitamin C (Ascorbic Acid)**
- **Vitamin D (Calciferol)**
- **Vitamin E**
- **Vitamin K**
- **X-Men - achieve and experience multidimensional powers**

Abilities

- **Acrobatics - Increase performance of extraordinary feats of balance, agility, and motor coordination**
- Acting – you are a natural
- **Apportation - materialization, disappearance or teleportation of an object, person or yourself to any place and/or any time period**
- **Artistic abilities - discover what it is to be a real artist (painting or whatever you would like to improve at)**
- **Automatic Writing - let spirit flow through your writing**
- **Bilocation - paranormal ability**
- **Communication with animals - telepathic and otherwise**
- Contagious Laughter & Comical Entertainment – this should be a lot of fun, any time!
- Critical Thinking & Problem Solving – have deep insight and learn to think for yourself
- Dancing – having the time of your life!
- **Dowsing Skills - let your intuition be your guide in searching for things or getting answers**
- Empathy – identification with and understanding of another's situation, feelings and motives
- Energy & other Healing work – by helping others you heal yourself as well – drastically increases quality and quantity of energy
- Fishing – effects both you and your luck with fishing
- **Gaming Precognition - know the outcome of any gaming event you direct your attention to before it occurs**
- **Good luck in general - have things go your way more often**
- Gratitude – be thankful for what you are and what you have
- Hunting Skills – specific enhancements for this type of activity
- Imagination – unlimit yourself
- Internal Compass – for navigation - you know and remember the way – intuition enhancements
- Leadership – awaken and strengthen specific leadership qualities
- **Levitation - paranormal ability**
- Lucky Gambling – increase your general luck and luck with gambling
- Motor Skills (gross & fine) – this will eventually increase your productiveness
- Musical Instruments & Coordination – especially helpful when you're in a band
- Nightvision Improvement – see much more clearly at night
- Optimism – focus on the good side of things
- Organizing – you know how to handle things
- Passion & Willpower – also see “Success in Any Endeavor”
- **Positive Psychic Influence - paranormal ability (focusses on the greater good of all involved)**
- **Psychokinesis - paranormal ability**
- **Pyrokinesis - paranormal ability**
- **Retrocognition - paranormal perception of past events**
- Self Defense & Fighting Skills – you know how to fight & defend yourself and others
- Singing – bring out the best of your voice
- **Skating - learn to skate and if you can already, tricks will come more easily to you now**
- Socializing, Communication & Conversational Skills – always comes in handy
- Specific Manifestation work – get out of your own way and trust whatever it is you want, is coming
- Sports Enhancement – be good at any sport, also see “Adventurer & Athletic Performance”
- Swimming – for learning to swim
- **Telepathy - paranormal ability**
- **Time Travel - opens the gates towards attaining this ability**
- Writing talent – for either journalism or writing a novel

Advanced Feature "Brilliant Minds"

Albert Bandura...is mostly referenced to as the greatest living psychologist and the most influential psychologist of all times. A David Starr Jordan Professor Emeritus of Social Science in Psychology at Stanford University, he has been relentlessly contributing to the subject for the past six decades and more. Bandura is best known as the initiator of the social learning theory and the theoretical constructor of self-efficacy. He is famed for the 1961 Bobo doll experiment through which he proved that young individuals are influenced by the acts of adults, thus successfully shifting the focus from behaviourism in psychology to cognitive psychology. He further dealt in detail with social cognitive theory and came out with the relationship of self-efficacy and social cognitive theory.

Albert Einstein...with his research and finding, Einstein created a revolution in the field of science. He is known as the father of modern physics

Archimedes...Greek mathematician, physicist, engineer, inventor, and astronomer, he is regarded as one of the leading scientists in classical antiquity.

Aristotle...was considered to be an important figure in Western Philosophy. Famous for his writings on physics, metaphysics, poetry, theater, music, logic, rhetoric, linguistics, politics, government, ethics, biology, and zoology, he was an extremely learned and educated individual. He is also among the first person to set a comprehensive system of Western philosophy which include views about morality and aesthetics, logic and science, politics and metaphysics.

Buckminster Fuller...known by his friends as "Bucky", has undeniably been one of the key innovators in the 20th century. He is known as a philosopher, thinker, visionary, inventor, architect, engineer, mathematician, poet, cosmologist, and more.

Buckminster Fuller was probably one of the first futurists and global thinkers. He is the one who coined the term "Spaceship Earth", and his work has inspired and paved the way for many who came after him. A key goal for Buckminster Fuller was the development of what he called "Comprehensive Anticipatory Design Science", which is the attempt to anticipate and solve humanity's major problems by providing "more and more life support for everybody, with less and less resources

Confucius...is one of the few leaders who based their philosophy on the virtues that are required for the day to day living. Known as Master Kong to the Chinese, he taught people how to cultivate the value of modesty, planning, respect, moral behavior, honesty and sincerity, apart from common sense.

Dalai Lama...is said to spend his entire life committed to promoting humanity. He strongly preaches as well as practices the importance of non-violence and peace and significance of compassion.

Friedrich Nietzsche...was a famous German philosopher and philologist known for his critical texts on religion, morality, contemporary culture, philosophy and science. He was widely known for his ideas like death of God, perspectivism.

Galileo...was an Italian physicist, mathematician, astronomer, and philosopher who played a major role in the scientific revolution. His achievements include improvements to the telescope and consequent astronomical observations and support for Copernicanism.

Hermann K.H. Weyl...was one of the greatest mathematicians of the 20th century. His contributions in the fields of foundation mathematics, harmonic analysis, analytical number theory and integral equations etc. were remarkable. He is mostly known for the advancements he brought in geometric function theory, the theory of compact groups and theoretical physics. He even expressed great amount of interest in theoretical physics and excelled in the fields of relativity, quantum mechanics, and unified field theory.

Hippocrates...was revered for being the first individual ever to have mixed philosophy with medicine. He is also known as a physicist, white magic exponent, and a philosopher

Isaac Newton...discovered a major part of Optics (mainly that white light is made out of rainbow colors... How does that work for the artist work?). He discovered the Laws of Motion. He discovered Universal Gravitation.

Laozi or **Lao Tzu**...existed in the 6th century B.C, was the founder of the Chinese philosophical 'School of the Tao' or 'Taoism'. He was known to be a contemporary of the great and the most revered

Chinese teacher and philosopher 'Confucius'. His teachings have been handed down through centuries and today his followers are manifold.

Leonardo da Vinci...was an Italian Renaissance polymath: painter, sculptor, architect, musician, mathematician, engineer, inventor, anatomist, geologist, cartographer, botanist, and writer. His genius, perhaps more than that of any other figure, epitomized the Renaissance humanist ideal. Leonardo has often been described as the archetype of the Renaissance Man, a man of "unquenchable curiosity" and "feverishly inventive imagination".[1] He is widely considered to be one of the greatest painters of all time and perhaps the most diversely talented person ever to have lived.

Mary Magdalene... The whole history of western civilization is epitomized in the cult of Mary Magdalene. For many centuries the most obsessively revered of saints, this woman became the embodiment of Christian devotion, which was defined as repentance.

From the New Testament, one can conclude that Mary of Magdala (her hometown, a village on the shore of the Sea of Galilee) was a leading figure among those attracted to Jesus. When the men in that company abandoned him at the hour of mortal danger, Mary of Magdala was one of the women who stayed with him, even to the Crucifixion. She was present at the tomb, the first person to whom Jesus appeared after his resurrection and the first to preach the "Good News" of that miracle.

Masaru Emoto...was a Japanese author and entrepreneur, who claims that human consciousness has an effect on the molecular structure of water. Emoto's conjecture has evolved over the years. Initially he believed that water could take on the "resonance" of "energy" which was directed at it, and that polluted water could be restored through prayer and positive visualization.

Since 1999 Emoto has published several volumes of a work titled Messages from Water, which contain photographs of water crystals and their accompanying experiments. Emoto's ideas appeared in the movie What the Bleep Do We Know!?

Max Planck...is generally considered to be the father of quantum mechanics.

Michelangelo...was an Italian sculptor, painter, architect, poet, and engineer of the High Renaissance who exerted an unparalleled influence on the development of Western art.

Mother Theresa...became a symbol of love, care and compassion for the world. Blessed with profound empathy, unwavering commitment and unshakable faith since young, she turned her back to the worldly pleasures and focussed on serving the mankind ever since she was 18.

Nicola Tesla...was a Serbian American inventor, electrical engineer, mechanical engineer, physicist, and futurist best known for his contributions to the design of the modern alternating current electricity supply system.

Peter Drucker...was an amazing writer, brilliant management consultant and a self-defined "social ecologist". His works distinguish the organization of human across business, government and the non-profit sectors of society. Peter is among the best known and most influential thinkers on the matter of management theory and practices.

Rudolph Steiner...it is rather easy to list the fields in which he failed to excel than explain the areas in which he was a master. A philosopher, a theologian, an educationalist, an agricultural expert, an architect, an expert in medicinal plants, a dramatist, an authority on Goethe and a blessed artistic trendsetter, the areas of his interest and expertise are almost endless.

St. Germain... as one of the Masters of the Ancient Wisdom, is credited with near god-like powers and with longevity. It is believed that Sir Francis Bacon faked his own death on Easter Sunday, 9 April 1626, attended his own funeral and made his way from England to Transylvania where he found lodging in a castle owned by the Rakóczi family. There, on 1 May 1684, Bacon, by using alchemy, became an immortal occult master and adopted the name Saint Germain and became one of the Masters of the Ancient Wisdom, a group of beings that, Theosophists believe, form a Spiritual Hierarchy of planet Earth sometimes called the Ascended Masters. Thus, according to these beliefs, St. Germain was a mysterious manifestation of the "resurrected form" (or "resurrection body") of Sir Francis Bacon.

Stephen Hawking...is easily the greatest human mind the earth has ever seen to date. Don't get me wrong there are many others that shaped the world we know, but he is current on the leading edge of what's really going on out there. He's proved that for example some of Einstein's equations and theories don't fully apply to the grand scheme of things.